

# Patient-focused Self-management of CKD

## Project Newsletter

Issue 7: Fall 2018



### Accomplishments: July-November 2018

- **Phase 2:** Two manuscripts have been submitted to separate journals providing findings from the CKD self-management qualitative study (i.e. focus groups and interview data).
- **Phase 3:** The CKD self-management website environmental scan (eScan) has been completed.

### CKD Website eScan Highlights:

We evaluated 117 websites for quality, readability and CKD related content. High quality websites were identified, but many did not cover content areas identified by workshop participants. Summary of the findings will be presented at Dec. 14th committee meeting.

### Patient Partner Highlights:



Patient partner, Blair Waldvogel was interviewed by CBC radio on his experience of being **"8 years in limbo, Winnipeg family waits for a kidney"**.  
<http://bit.ly/2K68QJ7>

Gwen Herrington presented on the team's behalf in Ottawa on Nov. 13-14th, at the SPOR 2018 Summit. The title of the poster was "Personas: Using the stories of patients and caregivers to guide research".

### Next Steps:

- Prepare and publish CKD self-management workshop and website eScan findings.
- Identify patient partner personal experiences with CKD self-management websites.
- **Save the Date:** Core committee meeting on **Friday, Dec. 14th 10:00 am MST via ZOOM**. Please join the meeting to discuss planning the co-design, implementation and evaluation of the CKD self-management eHealth tool.

