Patient-focused
Self-management of CKD
Project Newsletter
Issue 6: Spring/Summer 2018

Accomplishments: April- June 2018
• Co-creation of personas for CKD self-management consensus workshop.
• In-person core committee meeting May 6th, 2018 in Vancouver, BC.
  ◦ Members reviewed findings from focus groups and individual interviews.
  ◦ Members provided suggestions to personas.
• CKD self-management consensus workshop held on June 13th, 2018 in Calgary, AB.

Next Steps:
• Prepare and publish manuscripts for phase 2 (qualitative study and workshop).
• Core committee meeting Fall 2018 to discuss next steps for eHealth tool co-design.

Workshop Summary: (24 participants)

1. Topics:
   Symptoms
   Emotional/Social & Psychological Support
   Understanding CKD
   Finances
   Diet
   Mental and Physical Health
   Travel
   Work/School
   Medication

2. Format:
   Pictures and visuals
   Keep it simple

3. Features:
   Ability to enter/track health information
   Links to relevant resources

Workshop Summary:

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“Meeting and hearing different perspectives from patients, caregivers, health care providers.”

“Loved the enthusiasm and the personas.”